



## SAS NETBALL CLUB - JUNIORS

### Introductory Letter for Players & Parents

On behalf of SAS Netball Club, we would like to welcome you and your daughter/s to the club and provide you with some information about our activities.

SAS Netball Club aims to provide opportunities for young people (at the moment of ages 10-16 inclusive) to receive coaching and also some competition in league and tournaments. Qualified experienced coaches will deliver all coaching.

#### **SAS CLUB HISTORY**

The club was formed over 14 years ago by a group of friends based in St. Albans. It was originally known as Blue Arrow but changed its name to SAS eight years ago once Blue Arrow ended their sponsorship. The club is mostly self-funded by its members but has achieved sponsorship from Fujitsu and more recently from Welwyn & Hatfield Council to assist in the setting up of the junior team.

The senior teams play in Division 1 of the Southern Region League, [www.netballsouth.co.uk](http://www.netballsouth.co.uk), the Premier and First Division of the Aylesbury and District Indoor League on Wednesday evenings [www.adnl.org.uk](http://www.adnl.org.uk), and the Herts Indoor League in St Albans on a Monday night

The club is run by a committee which currently consists of; Colin Hill: Chair/Head Coach, Sue Warnes: Vice Chair/Secretary, Eileen Burrows: Treasurer, Lisa Hill: Kit Officer/Volunteer Co-ordinator, Dianne Miles: Club Safeguarding Officer/Junior Team Co-ordinator, Kim Maidment: Social Secretary/SAS Reds Captain, Sally Wolfenden-Gull: Umpiring Secretary, Lucy Hitchenor: SAS Captain, and Lorna Forbes: SAS Blues Captain. Please pass any ideas, comments, problems, etc on to anyone on the committee and they will do their best to help you.

#### **TRAINING FOR THE JUNIOR TEAM**

Junior training sessions are held at Stanborough School Sports Hall, Welwyn Garden City, Herts, AL8 6YR on Monday evenings from 5.00-6.30pm. Training will run throughout the year except for bank holidays, half term break and over the Christmas period. We will notify you in advance of any dates on which training is not running.

To enable all junior members to get the most out of this training session we would appreciate players arriving on time for registration and warm up – all players must register themselves in and out for safety reasons.

Additionally, we would ask for you to pick your daughter up promptly at 6.30pm after training. We will not leave anyone unattended at the training venue.

If your daughter cannot attend training we would appreciate you contacting Dianne Miles on 07795 803713 or Lisa Hill on 07880 570185 before the session. We can then pass on the message to whoever is coaching that week.



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#### **DURING TRAINING SESSIONS**

Players must be dressed appropriately. Training kit will consist of shorts/skirt and/or jogging pants, t-shirts and jumpers. We would recommend wearing several layers that can be taken off or put on during the training session as required. Trainers that are suitable for sport (not fashion trainers) and should be laced up throughout the training session. To avoid injury fingernails must be kept short.

Please note that all jewelry should be removed prior to training sessions (we hold no liability if valuables are lost or stolen), and no chewing gum is allowed during practice.

Please bring any refreshments which may be required during the training session i.e. water.

#### **SUBSCRIPTION TO SAS NETBALL CLUB**

Training session fees for our junior members are paid quarterly and are the equivalent to £4 per week. Subs are to be paid by cash or cheque before the end of the previous quarter. All cheques are payable to SAS NETBALL CLUB.

New players are welcome to attend two training sessions without charge. If you join mid way through a quarter then the fees will be calculated on a pro-rata basis.

#### **MATCHES**

At present our plan is to enter into a league held on the outside courts at Stanborough School on Saturdays / Sundays. As soon as we have exact details of the dates/times of the matches we will inform you.

#### **TOURNAMENTS**

Where possible we will enter the junior team into tournaments so that the squad can practice against other teams from around the UK and improve their game. As soon as we are aware of any such possibilities we will make you and your daughter aware.

There may be costs associated with playing in tournaments. We will make you aware of any additional fees for these in advance if they arise.

#### **AFFILIATION FEES**

To be a part of the netball club, your daughter needs to be affiliated to SAS Netball Club, Hertfordshire Netball Association and England Netball for insurance purposes, and to be eligible to participate in all the events entered by the club.



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The fee for both of these for the whole year (from September 2009 – August 2010) is £31. These fees are payable in one installment and normally need to be paid by 1<sup>st</sup> September. For the current year we will be affiliating players once we have entered into a league and payment will then be due.

Affiliation is required for anybody participating in a netball league. It provides comprehensive liability and personal accident insurance cover (full details are available on [www.Englandnetball.co.uk](http://www.Englandnetball.co.uk)).

#### **OFFICIAL CLUB KIT**

Details of the club kit and associated costs are included in this pack.

#### **PARENTAL CONSENT**

If you would like your daughter to play for our club (and have not already done so) please complete and sign an application form. By signing these forms you are giving all of the necessary permissions for your child to participate in club activities.

#### **JUNIOR CLUB RULES**

Enclosed is a copy of our rules for junior players. We require all players to abide by our rules and to sign to say they agree to do so.

#### **WHAT TO DO NOW...**

If you are interested in joining SAS Netball Club then please complete the enclosed forms and bring them with you to the next training session or email them to [sasjuniors@hotmail.co.uk](mailto:sasjuniors@hotmail.co.uk)

If you have any queries about the above information please don't hesitate to contact Dianne Miles on 07795 803713 or the club committee on [sasnetball@hotmail.co.uk](mailto:sasnetball@hotmail.co.uk)



## SAS NETBALL CLUB - JUNIORS JUNIOR CLUB RULES

SAS Netball Club is fully committed to safeguarding and promoting the wellbeing of all its members.

The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Colin Hill, Chair, or Sue Warnes, Vice-Chair.

As a member of SAS Netball Club you are expected to abide by the following junior club rules:

- All members must play within the rules and respect officials and their decisions.
- All members must respect opponents.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable kit for training and match sessions, as agreed with the coach/team manager.
- Members must pay any fees for training or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

Please sign one copy and return with your application form.

Name of player: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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Signature: \_\_\_\_\_

Date: \_\_\_\_\_



Juniors

# SAS NETBALL CLUB - JUNIORS JUNIOR CLUB MEMBERSHIP FORM

We are very pleased to welcome you to SAS Netball Club.

To ensure that we have the correct contact details for you, please insert the information requested below and return this form to Dianne Miles.

If you are under 16 please also ask your parents or guardian to complete the final section of this form.

We will also use this information to ensure that you are kept informed about club events.

### ***Personal details of player***

Name: .....

Address: .....

..... Postcode: .....

Home telephone number: .....

Mobile: ..... Email: .....

Date of birth: ..... Gender:..... Male  Female

Current school attended: .....Year: .....

### ***Sporting information***

Have you played full court netball before? ..... Yes  No

If yes, please provide details of where:

.....  
.....

Which position(s) do you or have you played before:

.....  
.....



# SAS NETBALL CLUB - JUNIORS JUNIOR CLUB MEMBERSHIP FORM

Name of player: .....

**Medical information**

*Please detail below any important medical information that our coaches/junior coordinator should be aware of (e.g epilepsy, asthma, diabetes, etc.)*

.....  
.....

In order to help the club monitor its membership can you please tick one of the following boxes to identify your ethnic group:

- White.....
- Mixed .....
- Asian or Asian British .....
- Black or Black British.....
- Chinese or other ethnic group .....

Do you consider yourself to have a disability? ..... Yes  No

If yes, what is the nature of your disability? .....

.....

SIGNATURE OF PLAYER: .....

DATE:.....



Juniors

# SAS NETBALL CLUB - JUNIORS JUNIOR CLUB MEMBERSHIP FORM

### TO BE COMPLETED BY PARENT/GUARDIAN

Name of Player: .....

#### PARENTS CONTACT DETAILS:

Name of parent/guardian:.....

Mobile number: .....

Contact email: .....

Most information is sent out by text/email so please ensure the number and email address provided are checked regularly.

#### EMERGENCY CONTACT DETAILS

Please insert the information below to indicate the person(s) who should be contacted in case of an incident/accident:

Contact name (e.g parent/guardian): .....

Emergency contact number:.....

By returning this completed form, I agree to my daughter/child in my care taking part in the activities of the club.

I understand that I will be kept informed of these activities – for example timing and transport details.

I understand that in the event of any injury or illness all reasonable steps will be taken to contact me, and to deal with that injury/illness appropriately.

Name of parent/guardian:.....

Signature of parent/guardian: .....

Date: .....

#### TRAINING / MATCH ATTENDANCE

If your daughter will be walking to or from training/matches please complete this section.

I authorise SAS Netball Club to allow my daughter to leave training sessions and matches without adult supervision and understand that once my daughter signs out from the training session or match SAS Netball Club can no longer be held accountable for her safety.

Name of parent/guardian:.....

Signature of parent/guardian: .....

Date: .....



Juniors

# SAS NETBALL CLUB - JUNIORS KIT PRICE LIST

Name:-

Seniors	Prices	Size	Length	Sizes Required	Length	Price
Playing Top	£40.00	10/12/14 etc	n/a		n/a	
Playing Skirt	£20.00	26" 28" 30" etc	12"/14"/16"			
Tracksuit Bottoms	£20.00	8/10 & 12	28"/30"/30" upto 36"			
Tracksuit Bottoms	£22.50	14/16/18 & 20	28"/30"/30" upto 36"			
Jacket	£27.00	S/M/L/XL	n/a		n/a	
Fleece	£17.00	S/M/L/XL	n/a		n/a	
Hoodie	£13.00	S/M/L/XL	n/a		n/a	

Juniors	Prices	Size	Sizes Required	Price
Polo Tops	£11.10	S/M/L		
Childs Polo Tops	£8.45	Age 12-13		
T-Shirts	£8.05	S/M/L		
Childs T-Shirt	£5.85	Age 12-13		
Skirt	£10.00	6/8/10/12/14		
Hoodie (Adult)	£13.00	S/M/L/XL		

<b>Total Cost</b>	
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